



Crown and Bridge Post Op Instructions

- Do not eat until the anesthetic wears off. Normally this takes a couple of ours, but can be longer. Some patients take more time for anesthetic to wear off and if you need to eat, you should try to consume foods you do not have to chew. Some good examples are oatmeal, milkshakes, and mashed potatoes.
- Expect some soreness or pain around the gum area for 24-48 hours. Over the counter medication such as ibuprofen or acetaminophen should be sufficient.
- Rinse with warm salt water for the first 24-48 hours.
- When flossing the temporary crown, move the floss down and then pull out to the side, do not pull straight up.
- If using an electric toothbrush, keep the power off around the area of the temporary.
- Avoid hard or sticky foods.
- Some sensitivity to hot and cold is normal, a temporary crown is a temporary solution to cover your tooth.
- It is important to call out office if the temporary comes out, as it holds the space for the permanent crown and not having it in can cause issues for the placement and fit of the permanent crown.
- Some temporary fixes for if a temporary comes out after business hours are: Using a toothpaste or a denture paste such as fixadent to keep it in place. If the temporary tooth is not very stable, then be sure to remove it prior to sleeping if you have it in with this temporary solution.

If the temporary comes out or if you have any problems, please call our office.

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